

SONORA ISD MIDDLE SCHOOL 7TH – 8TH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5
OVEN FRIED CHICKEN
ROLLS
FRENCH FRIES
TOMATO CUP
FRUIT CUP
MILK VARIETY

6
NACHOS GRANDE
SALSA
REFRIED BEANS
CUCUMBER
APRICOTS , ICE CREAM CUP
MILK VARIETY

7
CRISPY CHICKEN SANDWICH
FRESH BROCCOLI
FRESH VEGGIE CUP
FRUITY GELATIN
MILK VARIETY

8
CHICKEN QUESADILLA
CHEESY BROCCOLI
CORN ON COB
MADARIN ORANGES
MILK VARIETY

9
PIZZA
CALIFORNIA BLEND
FRESH CARROTS
FRESH FRUIT
COOKIE
MILK VARIETY

12
TEX - MEX STACK
SALSA
REFRIED BEANS
FRESH CARROTS
HOT CINNAMON APPLES
SHERBET
MILK VARIETY

13
COUNTRY FRIED STEAK
GRAVY , ROLL
MASHED POTATOES
OKRA
STRAWBERRY CUP
MILK VARIETY

14
CHICKEN ALFREDO
BREADSTICK
SAVORY GREEN BEANS
FRESH BROCCOLI
PEACHES
MILK VARIETY

15
POPCORN CHICKEN
ROLL
CORN
FRESH BROCCOLI
FRESH APPLE SLICE
BROWNIE
MILK VARIETY

16
NOON RELEASE
HOT DOG
FRENCH FRIES
TOMATO CUP
FRUIT CUP
MILK VARIETY

19
**HAPPY
HOLIDAYS**

20
**HAPPY
HOLIDAYS**

21
**HAPPY
HOLIDAYS**

22
**HAPPY
HOLIDAYS**

23
**HAPPY
HOLIDAYS**

26
**HAPPY
HOLIDAYS**

27
**HAPPY
HOLIDAYS**

28
**HAPPY
HOLIDAYS**

29
**HAPPY
HOLIDAYS**

30
**HAPPY
HOLIDAYS**

DEC

MENU 2022

GEAR UP FOR THEATER



ANNOUNCEMENTS:



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Updated 12/1/2022
www.SquareMeals.org